

Summary for management of nerve injuries throughout the web site

Possible treatments include;

- Counselling and cognitive behavioural therapy- we have a great team who are able to assess you for individual or group patient sessions. You are first seen by Dr Lisa Page our liaison psychiatrist and then by Dr Sarah Barker.
- Medication for pain sometime tablets sometimes numbing patches- Often we refer you back to your doctor if medication is needed.
- Surgery is rarely carried out for this condition as it can make patients worse on some occasions

After treatment we will ask you to complete further questionnaires and feedback forms. We continue to monitor many patients as some injuries do not require actual treatment as they are improving over 3- 6 months. After the consultation we write letters to the person who referred you to us and you are copied in.